



World Heart Day

AT THE HEART OF HEALTH

Healthy heart choices for everyone, everywhere

29 September

Creating heart-healthy environments
will enable us all to make the right
choices that can reduce our risk
of heart disease and stroke.

Take part...

Find out how you can organize or take
part in a World Heart Day event at:

www.worldheartday.org

 /worldheartday  @worldheartfed #worldheartday

Financially supported by:



Take a
**Healthy
Heart
Selfie**
for World
Heart Day



**WORLD HEART
FEDERATION®**